

Staff Wellness Minutes
8-27-10

Present: Carrie Miller, Sarah Skinner, Mary Butler, Kim Bulgrin, Ashley Muench, Andrea Wondra

Goal 1: We will help create/build a school wide community between employees.

Goal 2: We will provide physical and mental health opportunities.

Secret Pal: We will continue this program for one more year. Kim will deliver papers and e-mailing about the program.

Birthday celebrations: We are turning this into “socials.” They will be held in the IMC.

Holiday Social: December 8th 3:30-4:00

March 10th

End of year social: May 13th 12:30-1:00

Million Step Club: Sara will bring more information about this to the next meeting.

Walking Poles: Kim will send an e-mail about them.

Next meeting date: October 12th. 3:30 at the Primary