

Shell Lake High School



Boys' Basketball Parent/Player Handbook

“I do not judge success based on championships; rather, I judge it on how close we came to realizing our potential”– John Wooden

“Plays are not as important as players, and players are not as important as teammates”– Don Meyer

Head Coach -*Richard Taylor*

(715) 468-2270

October 4, 2018

Dear Parents and Players,

Welcome to the Shell Lake Boys' Basketball program for the 2018 - 2019 season. Our role as a coach is to provide a forum to teach individual and team skills, promote sportsmanship, and be a positive role model while making a positive difference in the life of young men.

As your coach, I commit myself to moving the basketball program forward to help establish a thriving basketball culture at Shell Lake. I commit, to the best of my abilities, to work with fellow coaches, and with each and every player, to bring out the best in them as both individuals and as a team.

I am a strong believer in the following properties for our athletes, which are listed by priority:

- Faith
- Family
- Academics
- Extra-Curricular Activities (Basketball)

Realistically, only 3.3% of high school players make it to NCAA, and of those, only 1.2% of NCAA become a professional athlete.

As your coach I will commit to teaching the following values to our youth athletes:

- Developmental Skills
- A Healthy Lifestyle
- Sportsmanship
- Teamwork

As your coach, I will embrace and fully follow all the policies and procedures set forth by the Shell Lake School District. I will utilize my knowledge of the game and provide the skill sets necessary for our youth athletes to develop a knowledge of basketball with a focus on teaching them team play.

I look forward to a fun and successful season of Laker basketball!

Richard Taylor
Head Coach, Shell Lake High School

"Excellence is not a skill. It is an attitude." - Ralph Marsto

Eligibility Requirements

Each participating student must submit fees and the required forms, as noted in the online registration, to the district office **prior to the first day of practice** each year.

If all forms are NOT completed, the athlete will NOT be allowed to practice.

Player Expectations

All rules of the WIAA and the Shell Lake Athletic code will apply to all players. When you choose to participate in athletics, you are choosing to play within these guidelines. When you agree to play, you promise your coaches and TEAM that you will abide by these rules. As a Shell Lake athlete, you are a role model for all those who are looking to follow in your footsteps. At all times you are to represent Shell Lake with pride and dignity.

Academics

Your education must always come first. As a STUDENT-athlete, you are to exceed the teacher's expectations in the classroom and be sure you are working as hard as you can to make passing grades in ALL classes. Grade checks will be conducted by coaches on a weekly basis. Any player with a grade lower than a C will be requested to spend additional time in study hall, with a mentor or fellow student until an acceptable grade level is achieved. Basketball practice time may be used for additional academic work if agreed upon by coaches. In addition to the Extra Curricular Athletic Policy, grades of a "D" at the formal grade check period will result in a ½ game suspension for each corresponding grade.

Sportsmanship

Sportsmanship is defined as ethical, appropriate, polite, and fair behavior while participating in a game or athletic event. Our goal is to win and work hard for every game and we will do it only one way - the right way! Play your opponent tough but with sportsmanship in mind at all times.

When a player goes down during a game or practice (on either team) proper sportsman-like conduct is to extend your hand, help him up, and make sure he is okay.

All players are expected to show sportsmanship-like conduct towards all players, coaches, referees, and fans before, during, and after all games. Anything less may result in suspension or dismissal from the program.

Respect

Managing your emotions is required of you as a Laker. Trash talking, swearing, or fighting is not acceptable or allowed at any time, on or off the basketball court. Remember, you are a role model. Basketball practice is not gym fun time. When at the gym, you are here to learn how to be a better basketball player and to a better team player. Coaches should not have to spend time being a disciplinarian. Time wasted is time lost. Those who choose not to commit to learning will be dismissed from practice pending a meeting between the parent and coach.

"Nothing can stop the person with the right mental attitude from achieving his goal; nothing on earth can help the person with the wrong mental attitude." -Thomas Jefferson

Locker Room

Parents are not part of the team and shall not enter the locker room prior to or following games. All players will be responsible with keeping the locker room clean. Hang up your clothes, jersey, etc. Keep all personal items stored in your locker. This applies for home and away games.

There is no cell phone usage allowed in the locker room.

- Team rapport is very important! Hazing or bullying other players will NOT be tolerated! Treat all team members (including managers) with respect! Appreciate everyone on our team and what they bring to our program!
- Positive “talk” should always be practiced by all team members. This includes building others up, talking positively about teammates, coaches, and our system. Social networking sites apply to this as well (ex. Facebook, Twitter, etc.).

Discipline

A coach’s disposition is that no two situations are alike. Therefore, coaches will handle all discipline as required. **Negative or attacking comments toward coaches or players posted on social media will not be tolerated.** Being disrespectful, lying, stealing, damage to property of others or the school, non-sportsmanship-like conduct, or violation of school policy, are examples of behaviors that may result in suspension or dismissal from the team.

Major violations in discipline will be managed in the following manner:

- 1st Offense – One game suspension
- 2nd Offense – Two game suspension
- 3rd Offense – Dismissal from program

Playing Time

Understand that not everyone will get equal playing time. Ability and effort - both on and off the court - will result in playing time decisions.

Not everyone will get to play the position desired. Players will be expected to play their role and accept what is best for our team.

If a parent or student has a concern or issue regarding playing time, performance, coaching decisions, etc.:

1. Student must request a meeting with the coaching staff to address/express his concern/issue.
2. If the concern/issue is not resolved after meeting with the coach and student, then a parent may request to meet with coaching staff and student.
3. If there is still a concern/issue, then a meeting with the coaching staff, student, and the school administration can be arranged.

“Your child’s playing time does not reflect your parenting skills. Their attitude, work ethic, and sportsmanship does.”

Practice Attendance

All players are expected to attend all practices and **both JV and Varsity** games. If you have to miss a practice, please notify your coach before start of the practice. It is at the coach's discretion whether a missed practice is determined to be "excused" or "unexcused."

- Unexcused:
Any player with an unexcused absence for any period during the school day, or is late to school, will not be allowed to participate in any practice or game that day. **Any missed game or practice that is not excused prior to the game or practice is considered "unexcused."**
 - 1st Offense – Sit out one half of the next game,
 - 2nd Offense – Sit out one game,
 - 3rd Offense – Coaches will confer with player on matter
- Excused:
If an athlete is sick and is not at school, or went home early from school, they will need to contact their perspective coach and leave a voice message indicating illness and that you will not be attending practice. If a message is left it will be considered an "excused" absence. If not, it will be an "unexcused" absence. **Note: If your son is feeling ill, do not send him to practice or a game and risk getting the team and coaches sick.**
NOTE: Vacations are considered "excused."

Practices: "If your standing still your not playing basketball"

Early is "on time" - All players are expected to be dressed and ready for practice at start time. You should be ready and starting your stretches 10 minutes **before** practice starts. **Parents (or others) picking up players after practices shall be on time. Please do not keep coaches waiting.** They would like to go home to their families, too.

"Hustle" rule -When your coach calls the team together during practice, or during a time out in a game, be respectful and hustle (run) to the huddle. Time wasted is time lost.

No sitting will be allowed during practice.

How you practice is how you play in the game – Come to practice with a positive and coachable attitude. Be ready to work hard and give 110%! Your effort in practice should always be equal to that in a game.

Dress appropriately for practice – Practice apparel should include: Practice jersey and shorts, basketball shoes, and socks. If you need to be taped, please do so before practice. **NO JEWELRY SHOULD BE WORN AT ANY GIVEN TIME DURING PRACTICE OR GAMES.**

"Positive Attitude is the Only Attitude" – Show your coaches respect as we work hard to help you. Show your teammates compassion, as they support you. Showing signs of disrespect is grounds for dismissal from practice. All dismissals from practice will result in a coach/parent meeting to resolve the issue.

Games: “If you’re standing still you’re not playing basketball”

As a team and a program we will show our support to all teammates. Both Varsity and JV players who are not currently playing are required to sit behind the bench as a team.

Parents (or others) picking players up after games shall be on time. Please do not keep coaches waiting. They would like to go home to their families, too.

Game Day- Dress Code– All players are expected to dress professionally for each game. This means casual dress pants, shirt, tie and nice shoes (no sneakers). You may wear a jacket or sports coat. If you have questions, please ask. If you need help getting something, please let coach know. **JEANS are NOT DRESS pants.**

Bus

1. Be on the bus and ready with all gear and equipment five minutes before the bus is scheduled to leave. Team managers, with the help of freshman, will assure all equipment is on the bus prior to departing to and from the game. Water bottles are to be emptied and returned to storage along with all other equipment before leaving the gym.
2. Conduct yourself appropriately. Windows/doors are to stay closed unless there is an emergency. Cell phones maybe used to listen to music (with head phones only) or watch/view basketball. Social media, game playing or other activities will not be allowed. Flash light apps on phones are not to be used while the bus in in motion as it is a distraction to the bus driver and safety concern for all. Violation of the rules will result in a loss of cell phone privileges.
3. Begin mental preparation on the way. Review the plays, the game plan, and your shots in your head on the way to the game.
4. **Your mess is your responsibility.** All players are to clean up after themselves and help clean up the bus upon arriving back to Shell Lake. Team captains (JV and Varsity) will walk the bus to assure it is clean and nothing has been left behind
5. All players are asked to return to Shell Lake with the team on the bus after games. If a parent/guardian must transport a player home from a game, the proper form from the school’s office will need to be completed **the day before a game.** **If the coach does not have confirmed approval from the school’s office, the student will not be allowed to ride with the parent/guardian home.**

Letter Requirements

- 1) Participation in at least 16 quarters of varsity games during the season.
- 2) Finish the season in good standing as defined in the athletic code.
- 3) Participate in two Saturday elementary school basketball practices and 2 fundraisers.
- 4) Letter recognition is also left up to the coach’s discretion.

If a player has met all other requirements, and dedicated four years to our program, and yet not earned a varsity letter due to playing time, they will be awarded a varsity letter following the completion of their senior season.

Participant Issues

There will be many difficult participant decisions made throughout the season by the coaching staff concerning playing time, Varsity and Jr. Varsity teams, roles, etc. You may not agree with all of them. However, you must respect and accept them. Our basketball program will play youth athletes at the highest level of competition they are capable of performing successfully. All questions concerning personnel issues should be voiced by the athlete first to the coaching staff. If the issue is not resolved after speaking with the coaching staff, a meeting with both the youth athlete and their parent(s) may be set up with the coaching staff. If an issue still persists, a meeting with athlete, his parent(s), and Athletic Director/Principal will be set up.

The coaching staff will continually praise, correct and constructively criticize your game to help you become the best player you can be. Learn to accept criticism and correction. **Never take what is said personally.** Everything that is said is to benefit you and your game.

Everyone will have their own specific role on the team. Even though some are more glorious than others, accept your role. Whether your role is as a starter, a sub, a defensive stopper, scorer, rebounder, or practice player, our success as a team depends greatly on how well each player accepts and steps up in their role.

The success of our program will be centered around teamwork. It is important that you always put TEAM first. Personal glory must be sacrificed. You, as individuals, will be recognized through team success.

Understand that practices and games will be INTENSE! Show up everyday ready to work at a high level of intensity. Last, but not least, join in with the intensity and make the season exciting and fun! Don't hold back ever...give everything you have every time you step on the court, and we will have a successful season!

Parent's Role

- 1. Act in a respectful manner** - Nothing is better for a youth athlete than to have their parents on hand to watch them play. However, nothing is worse for our school than to hear a parent using foul language, booing, taunting, screaming or making comments at or about players, coaches, fans or officials, whether it is your team or the opponent. **PLEASE offer only applause and cheers of encouragement for the coaches, and both teams following a good or bad play, to show support for the efforts they have made.**
- 2. Never vocally question an official or express feelings over a call**
Officials are part of the game. Parents should demonstrate proper behavior to the players. It is not the parent's job (or the players) to officiate the game. Accept the call and move on. Remember being an official is not an easy job and mistakes happen and are part of the game.
- 3. Do not draw your youth athlete's attention away from the game**
Please refrain from coaching or yelling at players. Coaches do that 😊 If you find yourself becoming too emotionally involved in what's happening on the court, take a step back and relax. Parents are not part of the team and shall not enter the locker room prior to or following a game.
- 4. Allow the game to be fun** - Help make games fun. Keep smiling. Encourage enjoyment and participation over results. If it's not fun, something's wrong.
- 5. Give Space** - Don't analyze your youth athlete's performance following every game. They know how they played and if you give them the opportunity, and situation, they will open up to you. Let them come to you for advice. When they do, it's okay to identify areas for improvement while helping to build their confidence, by also identifying what they are doing well. **A youth athlete's sense of achievement is the greatest motivator!**
- 6. Value your child's commitment** - Get your children to practice and games on time. **Assure that your child is picked up from games and practices on time. This is additionally appreciated by school staff!** Make sure they have their uniforms and sneakers. Help your children find nourishing foods and drinks, especially before and after all games.
- 7. Enjoy the journey** - The time your son has to compete at the high school level is **only four years** long at most. Make this time memorable for both you and your child by enjoying the joy that such an experience can bring!

***The principles and guidelines outlined in this handbook have been prepared as a guide and is not meant to be all inclusive of all "general conduct expectations." Interpretation of items listed and those not listed shall be the responsibility of the coaching staff.**

Shell Lake Boys' Basketball Contract Agreement

I, _____, want to play for the Shell Lake Lakers this season and have read handbook with my parents/guardians and understand the expectations and rules to be a Laker. I agree to follow the team's policies and will adhere to the expectations.

Player's Name _____

Player's Signature _____

Parent's Name(s) _____

Parent's Signature _____

Date _____

Coaches Contact Information

Head Coach Varsity Boys Basketball

Richard Taylor

taylorr@shelllake.k12.wi.us or rtaylor1925@yahoo.com

715-468-2270 (home)

715-520-8107 (cell) Please note that, due to poor cell tower coverage, my cell does not ring at the house. Therefore, **Always call the home number first!**

Assistant to Varsity and JV coach

Ty Frisbie

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Middle School Coach

Tom Dettle

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Nick Schultz

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Athletic Director

Jim Campbell

campbellj@shelllake.k12.wi.us

715-468-1206

Shell Lake Head Basketball Coach

A little about me: Coach (Rich) Taylor
Married to Laura Kurella-Taylor; two daughters; seven grand children

Residence: Shell Lake Wisconsin (since Sept. 2008)
Previous Residence: Hammond and Valparaiso, Indiana
Grew up in: Whiting, Indiana
Attended Bishop Noll High School in Hammond Indiana. Teams we competed against were some of the best in the country.

1970 East Chicago Roosevelt Rough Riders

1971 East Chicago Washington Senators

After college I played on a team with two players from the Roosevelt team and one from the Washington team. In five years we only lost one game!

Attended College at:

Vincennes Junior College (2 years) Basketball team won National Junior College Championship.

3 members of team went pro. Most famous Bob McAdoo. LA Lakers

Indiana State University (2 years) BS Degree in Environmental Health. Any hear of Larry Bird

Work History:

Amoco/BP Oil Refinery in Whiting Indiana (30 years)

Wastewater Treatment Operator – 5 years

Wastewater Treatment Supervisor of Operations - 15 years

Environmental, Health and Safety Coordinator – 4 years

ISO 14001 Coordinator – 6 years

Trained and certified in Emergency Response – 10 years as a volunteer fire fighter

Developed and implemented Wellness Program for employees that received worldwide recognition.

BP Chemical/Ineos Chemical

Manager Environmental, Health, Safety and Security – 4 years

Shell Lake School District – JV Boys basketball coach – 2011 to 2018

Wisconsin Canoe Heritage Museum Board of Directors, currently serving role as President – 2012 to present

Hobbies/Interests: Basketball, canoeing, hiking, fishing, rock collecting, photography.

My role as your coach

1. Develop and implement a program that teaches winning basketball skills at all grade levels
2. Keep you focused on what's important: Family, Faith, Education, Basketball
3. Continue to Improve each player's personal skills
4. Improve each individual's abilities to be a better team player
5. Make a positive difference in the life of others