The Laker February 7, 2020



Upcoming Events



February 10th

MS Girls Basketball @ Clear Lake 5pm

February 11th

MS Girls Basketball @ SL Arts Center 5pm JV Boys Basketball @ Shell Lake 5:45pm Varsity Boys Basketball @ Shell Lake 7:15pm

February 13th

MS Girls Basketball @ SL Arts Center 5pm

February 14th

JV Boys Basketball @ SL Arts Center 5:45pm Varsity Girls Basketball @ Shell Lake 5:45pm Varsity Boys Basketball @ Shell Lake 7:15pm



February 15th

Wrestling: Varsity Regional @ St Croix Falls 9:45am



Shell Lake Softball PITCHING Clinic & Softball HITTING Clinic

Pitching Clinic 5-8th Gr

Dates: Wednesdays

Feb 19, Feb 26, Mar 11, 18, 25

TIME: 5:30-7:00 PM

Hitting Clinic 5-8th & 9-12th Gr

Dates: Sundays

Feb 23, Mar 1, 8, 15, 22, 29

TIME: 5-8th Gr 1:30 - 2:30 PM

9-12th Gr 2:30 - 3:30 PM



High School track begins March 9 Middle School track begins March 23

In an effort to receive track apparel prior to the start of the season, there is a window for ordering open now until Feb. 16th. Another window will be open at the start of the season.

Link: https://chippewavallevsportinggoods.itemorder.com/

Code: SLTF20

Kindness Week

February 10th-14th

★ Daily Kindness Challenges

- Monday Stay Positive Tuesday Be Thankful
- Wednesday Serve Others (Humane Society)
- Thursday Be Encouraging
 Friday Show Kindness (Wear Pink/Purple/Red)

 "Kindness is contagious. Let's make it go viral."
- ★ Appreciation Station
- ★ Humane Society Donation Drive
- ★ On Friday wear Pink, Purple or Red

How to Protect Your Kids When They're Online

From Shell Lake Schools Counseling Office K-6th School Counselor: Stephanie Fox 7th-12th School Counselor: Susan Winesburg

Tip #3 Spend time online with your kids

For more tips check out Shell Lake's Facebook Page or Shell Lake's Counseling Site

AC'1 All 11th Grade Students will be participating in the statewide ACT exam on Tuesday March 3rd, at the Shell Lake Arts Center in Shell Lake. Students are able to participate in **ACT** test prep on February 18, 19, and 20 from 6-8pm. They must sign up to

participate. Sign up sheets are on the counseling office bulletin board.



IT'S TIME TO REGISTER for SPRING **VOLLEYBALL LEAGUE!**

WHO: 5-7th Gr girls interested in playing Spring Volleyball!

REGISTER: https://shelllake-ar.rschooltoday.com/

DEADLINE: Friday, February 14

5th Gr Registration Fee: \$10.00	5/6th Gr Practice @ Shell Lake HS		
*T-shirt fee pd separately	Sundays: Mar 1 - May 3, 3:30-4:30 PM		
6th Gr Registration Fee: \$20.00	5/6th Gr Practice @ Shell Lake HS		
*T-shirt fee pd separately	Sundays: Mar 1 - May 3, 3:30-4:30 PM		
7th Gr Registration Fee: \$25.00	7/8th Gr Practice @ Shell Lake HS		
*Jersey fee pd separately	Saturdays: Feb 22 - May 2, 8:30-10:00 AM		

Volleyball league questions can be directed to Head Coach, Amy Skattebo skatteboa@shelllake.k12.wi.us

Little Lake Tumbling

SUNDAY Feb 16, 23, Mar 1, 8 4K-K 5:00 - 5:30 PM * 1st - 2nd Gr 5:30-6:00 PM

Little Laker Tumbling is a 4-wk tumbling class that offers kids an opportunity to tumble, balance, and roll their way through fun activities while learning basic gymnastics. This experience is intended to be full of fun in a safe structured environment! Classes fill FAST--Register early! Class Max 15 per group. Instructor: Bethany Deneen. Location: Shell Lake HS Wrestling Room. Cost: \$8.00

Community Ed Registration:

https://shelllake-ar.rschooltoday.com/home

SOAP IN A SWEATER - MONDAY Feb 17, 5:30-7:00 PM

An Annual Favorite! Also known as felted soap, this is a bar of soap and a washcloth all in one! The instructor will take you through the process of felting soap. Learn about wool roving as you use your hands and a few simple tools to create your very own Soap in a Sweater. Participants will felt two bars of soap, applying wet and dry felting techniques, to take home. All supplies are provided. Students 10+ welcome. Class Max 12/Min 4. Instructor: Vanessa Berkesch, http://www.justheavenly.org Location: Shell Lake High School. Cost: \$15.00





Students viewed a live heart surgery on Wednesday 2/5 at CESA-11 as it was broadcast live from Advocate Christ Medical Center near Chicago. Students observed a bypass

surgery being conducted on a patient requiring bypass surgery

to alleviate symptoms stemming from 3 blockages in his coronary arteries.





Congratulations to all our Winter Reading Challenge Readers!

The Shell Lake School Library encouraged elementary and middle school students to complete 20 reading challenges between From Dec 20-Jan 31. All entries were put into a raffle to win a signed edition of a book.

Top: Aaden Jensen, MS Winner, won a signed copy of *The Outsiders* by S.E.Hinton. Bottom: Karl Petterson, Elem Winner, won a signed copy of *Ghosts* by Raina Telgemeier



The Open Enrollment window for Enrolling a student between public schools is from February 3 - April 30, 2020. Parents may apply online at https://dpi.wi.gov/oc.



Become a licensed Wisconsin Athletic Association Official in any of the the following sports: Cross Country, Football, Volleyball, Soccer, Basketball, Wrestling, Hockey, Track, Softball, Baseball. The WIAA continues to offer individuals that have served or are still serving in the **Armed Forces** the opportunity to license as a WIAA sport official by waiving the basic licensing fee and the sport fee for 2 years. Visit the <u>WIAA website</u> for more information!

		Ziedinast		
Monday	Tuesday	Wednesday	Thursday	Friday
10	11	12	13	14
Entree	Entree	Entree	Entree	Entree
Scrambled Eggs	Mini Eggo Waffle Bites,	Fresh Baked Cinnamon Swirl	Banana Muffin	Frittata w/Egg, Cheese &
Bacon - Jones Dairy Farm	Breakfast Sausage Patty	Roll	Blueberry Muffin	Turkey Sausage
3-12 Special: Chocolate Chip Oatmeal Ultimate Breakfast	NEW! 3-12 Special: Sweet Cinnamon Cheese Filled	3-12 Special: Breakfast Sausage Gravy	Double Chocolate Chip Muffin	Whole Wheat Toast with Jelly & butter
		Lunch		
Entree	Entree	Entree	Entree	Entree
Potato Bowl (chicken, mash.	Mozzarella Dippers	Big Daddy's Cheese Pizza	Chicken w/Alfredo Sauce	Taco-in-a-Bag
potatoes, cheese)	7-12 Special of the Day:	7-12 Special of the Day:	7-12 Cafe Item: Chicken	7-12 Cafe Item: Chicken
7-12 Cafe Item: Chicken	Philly Steak Sandwich	Southern BBQ Pork	Caesar Salad	Caesar Salad
Caesar Salad	7-12 Cafe Item: Chicken	Sandwich	PBJ Packs	PBJ Packs
PBJ Packs	Caesar Salad	7-12 Cafe Item: Chicken	Yogurt Pack	Yogurt Pack
Yogurt Pack		Caesar Salad	17. D.	

Breakfast