The Laker February 28, 2020

Upcoming Events



March 2nd Band and Choir Festival Concert @ 7pm Trap Season Parent Meeting



March 3rd Boys Basketball Regional @ 7pm Location TBD



March 5th MS Wrestling @ Hayward HS 5pm Girls Basketball Sectional @ 7pm Location TBD



Soup, Sandwich & Bingo @ Shell Lake HS 5pm-7pm

March 6th Boys Basketball Regional @ 7pm Location TBD



March 7th Science Olympiad West Regional Boys Basketball Regional TBD Girls Basketball Sectional TBD

High School track begins March 9 Middle School track begins March 23

FFA News

FFA Members who are in a CDE this year: There is CDE practice during study hall this week.

Thank you to all who helped out with FFA Week

Adults and Students 16 or over: Our next FFA Blood Drive is March 30th from 9:00 to 2:00. Please sign up to give a life-giving

Tuesday March 3rd



All 11th Grade Students will be participating in the statewide ACT exam at the Shell Lake Arts Center in Shell Lake. They will report to school as normal (8:06am) for attendance.



ANY student who is sent home with a fever of 100 or over is

considered "infectious" and needs to stay home until fever free for 24 hours without medication.

How to Protect Your Kids When They're Online

From Shell Lake Schools Counseling Office K-6th School Counselor: Stephanie Fox 7th-12th School Counselor: Susan Winesburg

Tip #6 Keep the youngsters out of online chat rooms, and do your best to reinforce the old rule, "never talk to strangers."

For more tips check out Shell Lake's Facebook Page or Shell Lake's Counseling Site

Soup, Sandwich & В N G Ο THURSDAY, MARCH 5 SHELL LAKE HIGH SCHOOL COMMONS Soup & Sandwich Dinner 5-6pm Bingo

6-7pm

SPONSORED BY: Shell Lake PTA and the 6th Grade Class for their trip to Wolf Ridge in Fall 2020



Dinner and Bingo Card Adults \$5 Students \$3 amily Discount: \$20 max Each Additional Card \$2



Homemade Lip Balm TUESDAY March 17th 5:00PM - 6:00PM

Ever wanted to make your own lip balm but figured it was too hard or you didn't have the time? Well now you can! In this class I'll go over how to make a lip balm and some fun things you can do to your lip balm recipe to make it more of a lip gloss or lipstick! We'll talk about some common ingredients and where to shop

for them. You will be able to take home a lip balm after the class. Please bring a pen/pencil. Adults and mature students welcome! Min 4/Max 10. Cost: \$12 +\$8 supply fee payable at class.

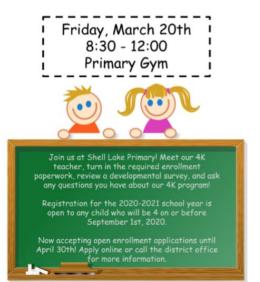


Bath Bombs & Sugar Scrub Monday March 23 5:30- 7:00 PM Bath time isn't just for kids! There are tons of natural benefits to soaking in a tub that your body will thank you for! Don't have a

tub? You will receive handouts, recipes, and personalized bath salt or sugar scrub. Bring a pencil/pen and a container with a lid. *if you have a bath bomb mold feel free to bring it! Min 4/Max 10 Location: Shell Lake HS. Cost: \$15 +\$8 supply fee payable at class. Instructor, Alexandra Deans, Certified Intermediate Level Herbalist



Shell Lake 4K Registration Day



Breakfast				
Monday 2nd	Tuesday 3rd	Wednesday 4th	Thursday 5th	Friday 6th
Mini Cinnis	Whole Wheat Pancakes	Baked French Toast Sticks	Ultra Bread Slice Banana,	Laker Breakfast Pizza
3-12 Special: Egg & Cheese	Breakfast Sausage Patty	Breakfast Sausage Patty	Pumpkin or Blueberry	3-12 Special: Colby
Bosco Stick	3-12 Special: Apple Frudel	3-12 Special: Sugar	3-12 Special: Pancake	Cheese Omelet
		Sprinkled Donut Holes	Wrap	
Lunch				
Monday 2nd	Tuesday 3rd	Wednesday 4th	Thursday 5th	Friday 6th
Crispy Chicken Wrap	Tacos	Ravioli w/ Sauce	Mac and Cheese Bowl	Crispy Chicken
		& Garlic Toast	Taco Meat	Sandwich
		7-12 Special of the day:	Diced Ham	7-12 Special of the
		Italian Dunker		day: Spicy Chicken
				Sandwich
7-12 Cafe Item: Crispy Chicken Salad				