



Red Ribbon Week



October 22- 26

Theme: Life is your Journey - Travel Drug Free

Monday - Be Bright for No Drugs. Wear something bright (neon)

Tuesday - Dress Better than Drugs. Dress up and wear your fanciest outfit

Wednesday - Shoot Bucks, Stay Away from Drugs. Wear camouflage

Thursday - Save Others from Drugs. Dress like a hero.

Friday - Life is your Journey, Travel Drug Free. Wear Red

We have a special guest coming to our school on Tuesday, October 22. Mike McGowen will be here to train Peer Mediators in the morning. He will also be giving two assemblies in the afternoon. One is for all students, grades 3-6. He will also be giving a presentation to 6th graders from 2:00-2:45. All 6th grade parents are welcome to come from 2:00-2:45 and hear the great things he has to share. Below is a summary of what he plans to share:

“Helping the Digital Generation Become Leaders.”

In a time when the average child spends more time daily in front of a screen than sleeping, and parents have to be pried away from their own devices, the culture has become increasingly less personal. Children cannot become proficient at skills they don't practice or see modeled. In order for students to realize their full potential they need to develop healthy boundaries, tactful communication skills, conflict resolution skills and problem solving abilities. It is critical that children interact with the adults in their life with respect and that those adults model skills for the children they will need as they mature.

Key points for Building a Positive School Climate:

1. What happens in the hallways, cafeteria, gym, classrooms, bus matters.
2. No one can know what goes on with a student so it benefits us all to be kind to each other.
3. Words matter. They motivate us, cheer us up, make us feel good or the opposite.
4. We remember those who were kind and those who were not.
5. We can make a huge difference in someone's life, even if we don't realize it at the time.
6. Compliments are contagious.
7. We all struggle from time to time, so be aware of each other.
8. Conflict resolution involves trust, honesty, problem solving and respect.

Upcoming Events

- Thursday, Oct. 25** Middle school boys basketball at Cumberland - 5:00 pm
Youth wrestling parent meeting in choir room - 6:00 pm
Volleyball varsity sectional - TBD
- Saturday, Oct. 27** State cross country at University Ridge golf course
Volleyball varsity sectional - TBD

Oct. 22 - 26 FFA Reminder and Upcoming Events

- FFA Membership forms are available outside of the ag room door, with early discount (5% off FFA events) until November 1st.
- Alumni and Officer Breakfast is October 16th. Officer pictures will also be taken that day. Wear official dress!
- National Convention is the 23rd of October.
- Fruit Sale: FFA fruit sale is going on now and until November 12th. Please feel free to contact an FFA member or call the school and ask for Phyllis. She will gladly take your order. Fruit is scheduled to arrive the second week in December. This fundraiser allows FFA to experience the dynamic trips such as National Convention, State Convention, Leadership Workshops, Judging Contests, as well as Speaking contests. School phone number is 715-468-7816. Otherwise, feel free to call advisor, Jenifer Bos at 715-468-7814, if you have any questions.
- Blood Drive: Shell Lake is hosting the second of three, annual RED CROSS BLOOD DRIVES on Friday, November 2nd in the school gymnasium. Our goal is 70 donors and we are in need of school and community members to help us reach our goal. Our school will receive a scholarship to give our seniors based upon number of pints donated. Please go to the Red Cross website and find our school drive and sign up to donate. Otherwise, call FFA advisor, Jenifer Bos, 715-468-7814 to setup an appointment.
- Tri-County Soil and Land Judging Results Team: 1st place trophy - Megan Anderson, Lily Edlin, Stephanie Carrillo, and Carlton Miller.
- Top 8 Individuals earning a medal: Megan Anderson, 1st place and Lily Edlin, 3rd place.

Butter Braid Pastries and Caramel Rolls are back!!



Order forms for Butter Bread Braids are being sent home with K-6 students. Orders with payment are welcome until November 2; delivery scheduled for Tuesday, November 13. New this year, Wooden Spoon Chocolate Chip and Triple Chocolate cookie dough! Butter Braid Pastries (\$13 each) come in five flavors [strawberry cream cheese, apple, cinnamon, blueberry cream cheese, or raspberry]; Caramel Rolls (\$13) are available in a package of 9 individual caramel rolls; and Cookie Dough (\$16) contains 40 pre-portioned, ready to bake cookies. This is NOT a contest for Shell Lake students. All proceeds from this SL Education Foundation fundraiser are dispersed to District students through grants submitted by staff. Thank you for supporting the Shell Lake Education Foundation!

PTA Carnival



The PTA Carnival is set for Saturday, November 3, 2018. Please consider helping in one of the following ways: donating gently used stuffed animals, baking items for the Cake Walk, donating an item for the Chinese Auction, or assisting with set-up or clean-up. Contact Tara Macone at themacones@yahoo.com if you can help.

Monday, Oct. 22	Tues., Oct. 23	Wed., Oct. 24	Thurs., Oct. 25	Fri., Oct. 26
<p><u>Breakfast</u> 4K-12: Mini Cinni or cereal, cheese stick 3-12: Scrambled eggs with whole wheat toast or same as above</p>	<p><u>Breakfast</u> 4K-12: Mini Eggo waffle bites, sausage links or cereal, cheese stick 3-12: Oatmeal chocolate chip bar or same as above</p>	<p><u>Breakfast</u> 4K-12: Cinnamon swirl roll or cereal, cheese stick 3-12: Breakfast sausage gravy on biscuit or same as above</p>	<p><u>Breakfast</u> 4K-12: Banana, blueberry of chocolate chip muffin or cereal, cheese stick 3-12: McLaker sausage & cheese on biscuit or same as above</p>	<p><u>Breakfast</u> 4K-12: Frittata w/egg, cheese & turkey sausage w/toast or cereal, cheese stick 3-12: Breakfast burrito cheese & egg or same as above</p>
<p><u>Lunch</u> 4K-12: Beef hot dog w/whole grain bun, homemade chili, whole kernel corn, honeydew melon 7-12 only: Chef salad or same as above</p>	<p><u>Lunch</u> 4K-12: Orange chicken & rice bowl, stir fry vegetables, steamed cauliflower, pineapple tidbits 7-12 only: Burrito bowl or chef salad or same as above</p>	<p><u>Lunch</u> 4K-12: Ravioli w/sauce & garlic toast, green beans, apple 7-12 only: Italian dunker or chef salad or same as above</p>	<p><u>Lunch</u> 4K-12: Hot ham & cheese sandwich, baked beans, Sidekicks 7-12 only: Crispy chicken salad sandwich or chef salad or same as above</p>	<p><u>Lunch</u> 4K-12: Cinnamon glazed French toast, pork sausage patty, hash brown nuggets, applesauce 7-12 only: Chef salad or same as above</p>