



The Laker

Exceeding Expectations, the Laker Way!
September 1, 2017



Welcome Back!

There will be no school on Monday, September 4th because of Labor Day.

Town and Country Days in Shell Lake is this weekend from Friday - Sunday.
Check things out - there are all kinds of activities to participate in.


Wrestling Club Election

The Wrestling Club will be holding their election of officers on
Thursday, September 10, 2017 at Lakeview.

Upcoming Events

Monday, Sept. 4	No School - Labor Day
Tuesday, Sept. 5	Cross Country at Webster - 4:00 pm Volleyball at Northwood - JV - 5:45, Varsity - 7:15 pm MS volleyball vs. Northwood at SL - 5:00 pm JV football vs. Clear Lake at SL - 5:00 pm
Thursday, Sept. 7	Volleyball vs. Prairie Farm at SL - JV - 5:45, Varsity - 7:15 pm MS volleyball at Prairie Farm - 5:00 pm Boy's soccer at Spooner - 4:30 pm
Friday, Sept. 8	Football game at Cameron - 7:00 pm
Saturday, Sept. 9	Volleyball Invitational at Ashland - 10:00 am

7-12 Parents: Food Service will be selling a la carte items during breakfast, grab & go and lunch. As of Tuesday, Sept. 5, these items include punch, smoothies, frozen yogurt and for high school only - iced lattes (caffeinated). Prices range from \$1.00-\$1.50.

Monday, Sept. 4	Tues., Sept. 5	Wed., Sept. 6	Thurs., Sept. 7	Fri., Sept. 8
No School Labor Day 	Breakfast 4K-2: Pop Tarts, cheeses slice or cereal 3-12: Pop Tarts or Mini Cinni, HB egg or cereal, cheese stick	Breakfast 4K-2: Apple frudel or cereal & cheese stick 3-12: Biscuit, breakfast sausage gravy or WG cinnamon roll or cereal cheese stick	Breakfast 4K-2: Muffin or cereal, cheese stick 3-12: McLaker biscuit-chicken sausage cheese or cereal, cheese stick	Breakfast 4K-2: Egg, cheese & sausage frittata, toast or cereal, cheese stick 3-12: Egg & cheese breakfast burrito or egg, cheese & sausage frittata, toast or cereal, cheese stick
	Lunch 4K-12: BBQ chicken sandwich, vegetarian baked beans, Sidekicks HS only: Tropical fruit	Lunch 4K-8: Chicken nuggets w/dinner roll, mashed potatoes, steamed peas, mixed fruit 9-12: Chicken bites with dinner roll or bean & cheese burrito, mashed potatoes, steamed peas, mixed fruit. HS only: Craisins	Lunch 4K-6: Hot ham & cheese sandwich, steamed corn, sliced peaches 7-12: Hot ham & cheese or crispy chicken sandwich, steamed corn, sliced peaches HS only: Local apple - Smith's	Lunch 4K-6: Corn dog, mac & cheese, steamed broccoli, pineapple tidbits 7-12: Corn dog, mac & cheese, steamed broccoli, pineapple tidbits HS only: Frozen fruit cup, cookie